

# Declaration of the 3<sup>rd</sup> Global Congress on Advances in Addiction Medicine and Mental Health (Adv. AMMH 2025)

## June 23–24, 2025 | Berlin, Germany

James Z Liu<sup>1</sup> and Gabriela Salvador<sup>2</sup>

<sup>1</sup>Clinical R&D, First Institute of Medicine, 1000 Uniqema Blvd, New Castle, DE 19720, USA

<sup>2</sup>Professor, INIBIBB-CONICET-Universidad Nacional del Sur (UNS), Argentina

### \*Corresponding author

James Z Liu, Clinical R&D, First Institute of Medicine, 1000 Uniqema Blvd, New Castle, DE 19720, USA.

We, the participants of the 3<sup>rd</sup> Global Congress on Advances in Addiction Medicine and Mental Health (Adv. AMMH 2025), representing a diverse community of clinicians, scientists, mental health advocates, educators, public health leaders, and policymakers from around the world, unite in our commitment to addressing the global challenges posed by addiction and mental illness.

### Recognizing

- The escalating burden of mental health and substance use disorders on individuals, families, communities, and nations;
- The complex interplay of biological, psychological, social, and environmental factors that drive addiction and mental illness;
- The urgent need for integrated, patient-centered, and stigma-free approaches to prevention, treatment, and recovery;
- The value of innovation, interdisciplinary collaboration, and culturally competent care in advancing mental health and addiction medicine;

### We Declare Our Collective Commitment To:

1. Advance Scientific Research: Promote and disseminate evidence-based knowledge to enhance understanding, treatment, and prevention of mental health and substance use disorders.
2. Foster Global Collaboration: Strengthen international cooperation among professionals, institutions, and organizations dedicated to mental wellness and addiction recovery.
3. Champion Equity and Access: Advocate for policies that ensure equitable access to high-quality care and support systems for all, regardless of geography, socioeconomic status, or identity.
4. Empower Innovation: Support the development and responsible integration of emerging therapies, digital health tools, and novel treatment paradigms.
5. Reduce Stigma: Challenge societal stigma through education, advocacy, and compassion, recognizing mental health as a fundamental component of overall health.

6. Protect Vulnerable Populations: Prioritize prevention, early intervention, and trauma-informed care, particularly for youth, marginalized groups, and those affected by crisis or conflict.

**We Affirm** that our collective expertise, compassion, and determination can transform the future of addiction medicine and mental health care. Let this declaration serve as a guiding framework for sustained action, shared accountability, and hope for healing.

### Co-Signed by the Participants of Adv. AMMH 2025

Berlin, Germany  
June 24, 2025

**Co-Chairman:** James Z Liu, MD, PhD,  
President, First Institute of All Medicine, Delaware, USA

**Co-Chairman:** Gabriela Salvador, PhD  
Professor, INIBIBB-CONICET-Universidad Nacional del Sur (UNS), Argentina

On Behalf of All Participants of Adv. AMMH 2025

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